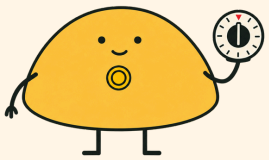
Bathroom Organization: What to Toss First



33 things to check in 6 spots, and where each one goes

1. Set out a trash bag, a bag for things to give away and a 15-minute timer.
2. One spot per timer, counter first. Trash first, then the easy stuff, then the obvious donations, hard decisions last.
3. Toss first, then organize: don't buy bins before you know what's staying.

1 · THE COUNTER

- [ ] Empty and almost-empty bottles → finish or recycle
- [ ] Things from other rooms → take them back now
- [ ] Toothbrush 3–4 months old or frayed → replace
- [ ] Daily things (soap, toothbrushes) → one small tray
- [ ] Toothbrushes → upright, air dry, not touching

2 · UNDER THE SINK

- [ ] ⚠ Cleaning products you don't use → household hazardous waste
- [ ] Dried sponges, worn-out cloths → trash
- [ ] Hotel minis and samples → keep a few for travel
- [ ] Cleaning products you keep → original bottles, never mixed
- [ ] With kids or pets at home → cleaners out of reach
- [ ] Hair dryer, flat iron → unplugged, away from water
- [ ] What's left → group by job

3 · THE DRAWERS (ONE PER TIMER)

- [ ] Mascara 2–4 months after purchase → trash
- [ ] Undated sunscreen, 3+ years old → trash
- [ ] Makeup and hair things you don't use → trash or donate
- [ ] Makeup, hair, nails, first aid → one small box each
- [ ] Things you use every morning → top drawer
- [ ] Mascara you keep → write the month opened

4 · THE MEDICINE CABINET

- [ ] ⚠ Expired or unused medicines → take-back or FDA steps
- [ ] Old samples, products tried once → trash
- [ ] Medicines you keep → out of the bathroom if you can
- [ ] Medicines, wherever they go → original container, up high
- [ ] Skincare, deodorant, lens case → cabinet, eye level

5 · SHOWER & TUB

- [ ] Empty bottles, shampoo nobody likes → recycle or trash
- [ ] Old razors, grimy bath toys → trash
- [ ] Three open bottles of the same → one in, rest under the sink
- [ ] What's left → one shelf or caddy
- [ ] Bathroom floor → only trash can and toilet brush

6 · TOWELS, TOILET PAPER & THE DOOR

- [ ] Towels with holes or frayed edges → rags or textile recycling
- [ ] More towels than laundry days need → give away
- [ ] Toilet paper → one basket: full = the stock
- [ ] Towels in use, robe → hooks on the door
- [ ] Spare towels → linen closet or shelf

Not sure where something goes? Dana K. White:

"If I needed this item, where would I look for it? Take it there now."

"Containers are for containing."

⚠ = special drop-off. Rules vary by area: check your local program. Whether to stop a medicine is a question for your doctor or pharmacist. Steps and rules: Dana K. White (A Slob Comes Clean) and KonMari. Dates and safety notes (FDA, ADA, EPA, CDC, MedlinePlus, CPSC) and all details are in the full guide at onespothome.com/bathroom-organization.

